

Braidburn Valley Park

Permanent Orienteering Course

Start near the north entrance to the park (the triangle on the map) and finish back at the same point (marked with a double circle). Find the posts with the letter codes in the order below. Walk, jog or run!

More courses using this set of permanent orienteering course markers are available with different lengths and navigational challenge. You can also enjoy orienteering using the Maprun smartphone app. To find out more visit www.interlopers.org.uk or email info@interlopers.org.uk.

Braidburn Valley POC			
Short 1 1.1 km			
\triangleright			
1	LC	Path, Southeast side	
2	GA	Bridge, Southwest side	
3	BB	Prominent feature, South side	
4	JC	Fence Bend, East side	
5	KK	Path, East side	
6	SC	Path, East side	
7	MD	Vegetation boundary, Southwest side	
8	BC	Fence, West side	
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	Small path
	Larger path
	Road
>>>	Contours showing the shape of the land
	Open land
	Runnable woodland
	Thicker woodland
- , , , ,	Fence - crossable
	Fence – not crossable
	Stream
	Marsh
	Uncrossable area e.g. buildings, gardens
° ×	prominent manmade feature